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# Grapefruit



## Synopsis

Back in print for the first time in nearly thirty years, here is Yoko Ono's whimsical, delightful, subversive, startling book of instructions for art and for life. "Burn this book after you've read it." -- Yoko "A dream you dream alone may be a dream, but a dream two people dream together is a reality." "This is the greatest book I've ever burned." -- John

## Book Information

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Average Customer Review: 4.6 out of 5 stars 63 customer reviews

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## Customer Reviews

Best known as singer-songwriter for the legendary Beatles, John Lennon was born in Liverpool, England. In 1969, Lennon married Yoko Ono and the two formed the Plastic Ono Band. Lennon was killed by a deranged fan outside his apartment building in New York on December 8, 1980.

I mean...I'm not sure how to review this book. It is a piece of incredible artistic work, only because it really allows you into Yoko Ono's thought process. It gives us a glimpse of how she viewed the world, her ideology and her quirkiness. Her creativity came through in every piece, it really gave me a clear idea how she worked and how she is an artist in every sense of the word. It is an intimate look into her works - music, art, poetry, film and exhibitionism. In every aspect of her life, her uniqueness shone. There were parts that probably went completely over my head, and others where I found myself pausing for a minute to reread and let it sink in. Although this is a book of instructions, I will openly admit that I barely followed any of the instructions given in this book. I think Yoko Ono might appreciate that I didn't, taking it as a sign of individualism, of assertiveness, maybe even rebellion? I don't know. I think I may be talking out of my ass - excuse the language. But that's

the effect that Yoko Ono has on you, really. Some instructions were very simple: "Light a match and watch till it goes out" Others were interesting: "Carry a bag of peas. Leave a pea wherever you go." Others were impossible: "Fly." Some instructions were creative: "Painting to be slept on. Hang it after sleeping on it for more than 100 nights." And some were intimate: "Listen to each other's pulse by putting your ear on the other's stomach." Some instructions your mind couldn't help but follow: "Think that snow is falling. Think that snow is falling everywhere all the time. When you talk with a person, think that snow is falling between you and on the person. Stop conversing when you think the person is covered by snow." Then there were passages that were just beautiful thoughts: "It's sad that the air is the only thing we share. No matter how close we get to each other, there is always air between us. It's also nice that we share the air. No matter how far apart we are, the air links us." What beautiful poetry, and what a beautiful thought. Then there's humor and satire: "I wonder why men can get serious at all. They have this delicate long thing hanging outside their bodies, which goes up and down by its own will." A gem of a book, definitely worth keeping around.

This book is strange, but is an interesting read.

As a gift for a friend, "Grapefruit" is both a quizzical and a delightful choice.

Interesting book. I love ALL of Yoko's work, but I love this book because it really gets you thinking more so than her music, which usually has much more of a i love it/i hate it consensus

I've made a resolution to actualize as many of these pieces as I can before I die.

Love ono's books! This one is the greatest!

Book was a gift to a gifted artist and he loved it and shared it's knowledge with his legion of followers.

inspirational.

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sunquats, tahitian oranges, barbados ... black pepper, cinnamon, vanilla, and more...) Growing Tasty Tropical Plants in Any Home, Anywhere: (like lemons, limes, citrons, grapefruit, kumquats, sunquats, tahitian oranges, barbados cherries, ... black pepper, cinnamon, vanilla, and more)

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